

# NOMOS

## GLASHÜTTE

## Hand-wound watches

### 1. Winding your watch

Wind your watch by turning the crown clockwise with your thumb and index finger until you feel noticeable resistance. Your watch loves it when you do this regularly. When fully wound, your watch has a power reserve of up to 43 hours—or one hour less for models with a date indicator (changing the date requires a little extra energy). The Lux and Lambda models only need to be wound once every 84 hours.

### 2. Winding a watch with a power reserve indicator

Watches with a power reserve indicator are wound just like watches without one. If the red gauge on the power reserve indicator is completely full, your watch needs to be wound up; you can do so by turning the crown.

### 3. Setting the date

You can set the date by turning the hour hand back and forth between 8 p.m. and 1 a.m. If your watch has been tucked away safely in a drawer while you were on holiday, for example, and you want to correct it from September 1 to September 16, you don't need to wind it on 24 hours fifteen times. First, set your watch to 1 a.m. the next day, which will change the date. Then wind the hands counterclockwise to around 8:30 p.m. Now you can wind clockwise to 1 a.m.: the date will change again. If you then need to set the time, please pay attention to whether it is 10 p.m. or 10 a.m., as the date will only change at midnight instead of midday if this is correct.

## General maintenance

### 1. Case

The cases of most of our watches are made from nickel-free stainless steel and sapphire crystal glass. Only diamond is harder. The glass is very slightly raised in order to protect the steel. The cases of gold NOMOS watches are made of solid gold (18 carat), so they are particularly valuable. As gold—rose gold, white gold and yellow gold—is softer than stainless steel, small scratches cannot be avoided—but they also depict life, beautifully demonstrating the history of the watch.

### 2. Water resistance

If your NOMOS watch bears the 30 atm or 20 atm suffix, this means it is water resistant to the corresponding DIN standard: you can take it diving with you without any concern. The 10 atm designation indicates that your watch is suitable for swimming and snorkeling, and 5 atm means it can be worn when showering. All other NOMOS models are water resistant to 3 atm—and prefer to stay dry. They are splashproof, meaning you can wash your hands with them on, but it is better to take them off when swimming. It is also recommended to have the water resistance of a mechanical watch checked once a year by your retailer—it doesn't take long.

### 3. Magnetic fields

Magnetic fields can damage all mechanical watches. It is better to avoid them. If you notice any fixed rate deviation, this could be due to the magnetization of your watch. A watchmaker can quickly fix this.

### 4. Service

As a rule, a mechanical watch should be serviced every five years, when it will be cleaned and freshly oiled. We recommend that you bring it to your retailer for servicing at these intervals.